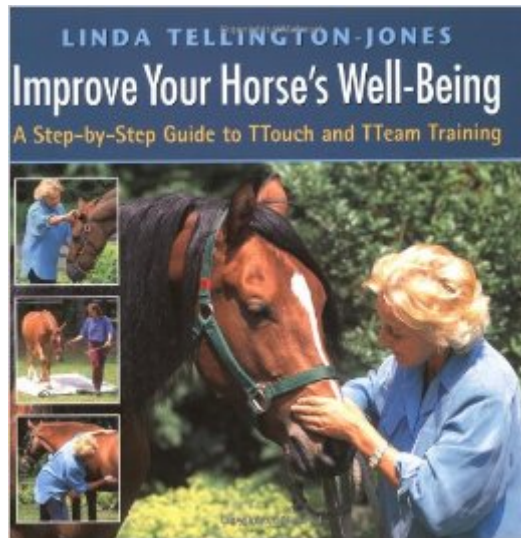


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# Improve Your Horse's Well-Being: A Step-by-Step Guide To TTouch And TTeam Training



## Synopsis

A highly illustrated guide to Linda Tellington-Jones' famous TTouch and TTEAM groundwork for horses.

## Book Information

Hardcover: 64 pages

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Best Sellers Rank: #244,297 in Books (See Top 100 in Books) #11 in [Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses > Showing & Training](#) #219 in [Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses > Riding](#) #224 in [Books > Sports & Outdoors > Individual Sports > Horses > Equestrian](#)

## Customer Reviews

This book is by far one of the most comprehensive Tteam and Ttouch reference books. It shows you closeup pictures of how to do the Ttouch and how they are beneficial. The exercises are easy and anyone can do them. My horse was more attentive and trusting within just a few days of doing these excercises. I recommend using this book in conjunction with her video tapes. I sincerely recommend this book for anyone who wants to enhance their relationship with their horse and make it more of a partnership. It is fun for both of you.

This is an outstanding book. Whether you are new to the Tteam system, or whether you have seen the videos and attended clinics, this book offers clear, step by step directions, with very helpful pictures. An extremely useful reference book. I have used Tteam on lots of different horses and seen immediate and positive results. This book gives very clear directions and instructions.

My horse trainer suggested I look for material by Linda Tellington - Jones on Ttouch as she uses some of her techniques and suggested it would be good to be consistent in handling. I picked it up and started to read and couldn't put it down. I read the first 40+ pages and completed it the next

day. Moreover I started using the techniques the very next day on the horse and what a difference it makes. As a first time adopter of a five year old range born and range matured Mustang sometimes I feel I need a little help. Book is extremely helpful, diagrams are useful and exceptionally well done.  
5 \*s +

I felt like I was "missing" something with this book. It's not an easy topic to put in book form, I guess. If I had started with the video, I probably would've gotten it faster. I also wish she'd have picked easier names for some of the exercises. Call me clueless, but I'm not going to easily remember what the heck Lick of the Cow's Tongue is with a name like that. The main complaint I have about this book is the insistence on using stud chains. If you have a properly halter trained horse (or a really sensitive one), you should never need to use one. I have a wary Spanish Mustang rescue mare who'd charge into the next county if I even attempted to use a stud chain on her (and she's the one that I got this book for).

Finally a book which gives a complete overview of the many aspects of TTEAM work! I can imagine that it might be a bit overwhelming if you have never done any TTEAM, but if you have been to a course you will understand it very well. The book is very helpfull and suggests solutions to many problems. The great thing is that Linda really thinks from the horse's point of view and is always looking why a horse does what he does and how you can work with him from there. Vanda Oosterhuis

I just needed a refresher course on TTouch. This book for perfect for that purpose. Does it work on my mini with an attitude - not so much. The animal communicator has been very helpful. I will try more of the TTouch with him later on.

Linda Tellington-Jones' books are an essential read for understanding how your horse thinks, slowing down your desperate need to MAKE your horse perform and creating a relationship in which your horse wants to work with you, challenge their mind to learn and have fun doing it too! I use some of h techniques on my dogs too!

Help! TTouch is reccomended by everybody, but this book doesn't make sense to me. I know the techniques work, and there is obviously a unifying structure, but I can't find it! This book seems to be a series of simple things made complex by the addition of cutesy names. I have heard from too

many reputable sources that TTouch is very effective, but now I don't know where to go to learn more about it.

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